

PAUL – WEEK 9 – AUGUST 9–15

“GOD’S HEROES HAVE PERSEVERANCE!”

Wow...I can't believe it's already week 9 of our SuperHero Training Camp! Which hero has been your favorite so far? This week we're learning about a hero you've probably heard about before...Paul! Do you remember him? He started out as Saul and he was actually one of the people who was persecuting (that means being really mean to, punishing, or hurting) the early Christians. Then, through a miraculous moment that you'll see in this week's video, he met Jesus and became Paul the apostle! We're focusing this week on Paul's perseverance because **God's heroes have perseverance!** Perseverance means you keep on doing something, even when it's hard. Paul had many, many trials in his life: shipwrecks, snake bites, jail time and more, but no matter what happened, he just kept on going to do God's work. We'll have hard times in our lives too, but we can keep going with the strength of Jesus to help us because **God's heroes have perseverance!**

Memory Verse for the Summer - Hebrews 12:1 NIRV

- ★ **Pre-School:** Let us keep on running the race marked out for us.
- ★ **Elementary:** A huge cloud of witnesses is all around us. So let us throw off everything that stands in our way. Let us throw off any sin that holds on to us so tightly. And let us keep on running the race marked out for us.

		Activity	
Required - Complete all	Scripture	Older Kids - Read 2 Corinthians 11:16-33 . The story of Paul's journey and trials is also told on the Bible App for Kids - "Journeys for Jesus"	
	Video	Watch Saul Becoming Paul and learn about Paul's perseverance through all of his journeys! Then, check out this week's song from our VBS YouTube playlist! Links – Search YouTube for "Paul's Ministry by Saddleback Kids" and "VBS 2020- KOH Superhero Training Camp by Kids of Hope"	
	Response Activity	Paul had some very hard times in his life. He had times where he probably wanted to quit and give up. Have you ever had a time like that? Think about something in your life right now that you need to have perseverance in. Say this to God: <ul style="list-style-type: none"> ● God, please give me the strength to persevere in this difficult situation. ● God, show me the next step you want me to take. 	
	Memory Verse Activity	Hot or Cold Write the words of the memory verse for older kids, or phrases of the memory verse for younger kids, on index cards. Hide the index cards and help your child find them by playing "Hot or Cold." The closer they get to a card, you say warmer, and as they get further away you say cooler. Once they've found all the cards, have them put them in correct verse order.	Supplies: Index cards or paper Something to write with Hint: make sure you remember how many cards there are!

Optional -
Complete
at least
Two
Categories

(i.e. game
and snack
OR craft
and
service)

Game Options

1 - [Lead the Blind](#)

Make a maze in your house, or a path outside in your yard. Lead someone through the maze who has their eyes closed or blindfolded. This teaches perseverance through trying something difficult. Paul was also blinded during his conversion, and had to be led into Damascus!



2 - [Perseverance Race](#)

Make a race involving 3 different activities that challenge your perseverance. Those might include an egg in spoon race, ring toss, beanbag toss, crab walk, etc. Follow the link to find some suggestions. Let us know which 3 activities you choose!

Supplies:

Items to make a maze.
Something that can be used as
a blindfold.

Link -

<http://pryorconvictions.com/blindfold-maze/>

Supplies:

[Link to activity ideas](#)

Link -

<https://meaningfulmama.com/un-character-building-activities-that-teach-perseverance-and-patience.html>

Craft Options

1 - [Ocean in a Bottle](#)

Paul was shipwrecked, so you get to create a raging ocean in a bottle. Fill your bottle about 1/2 full of water, add a few drops of blue food coloring and shake, then fill the rest of the way with cooking oil. Have an adult help you seal and glue the lid! You may also want to add shells, fish, glitter, etc before sealing!



Supplies:

Plastic water bottle
Water
Blue food coloring
Cooking oil
Miscellaneous things to put in
the bottle like shells, sand,
glitter, etc.
Super glue or Hot Glue to seal
the lid(Parent Help)

Link -

<http://bibleschoolteachers.blogspot.com/2009/06/jesus-calms-storm.html>

2 - Chains

Paul had perseverance, even in prison!
Make chain links out of paper strips to represent the prison chains that Paul had. How long of a chain can you make? You may even want to turn this into a prayer chain and put someone you're praying for on each link!



Supplies:
Paper strips
Tape or glue

Snack Options

1 – Banana Ships

Using banana halves, pretzels and strawberries, assemble little ships like the one Paul was on when he was shipwrecked.



Supplies:
Banana
Pretzels
Strawberries
(Optional: Gold fish)

2 – Paul in Prison Snack

Build a prison cell with 2 pieces of graham cracker, frosting, and pretzel sticks. Use teddy grahams, Sourpatch kids, or even a marshmallow to represent Paul.



Supplies:
1 Graham Cracker, in half
2 Tablespoons of frosting
Several pretzel sticks
Paul (Teddy Graham, Sourpatch kids, marshmallow, etc)

	Service Project Options	<p>1 – Letters of Love During this Corona Virus time, many elderly people in nursing homes haven't been able to have visitors and have had to persevere through a difficult time. Write them a letter of encouragement and hope! (Just like Paul wrote to the Corinthian church in the scripture you read this week!) If you need ideas of names you can ask a Sunday School teacher.</p> <p>2 - Painted Rocks Help someone else persevere through a difficult time by painting rocks with messages of hope and joy! Leave these happy rocks in different places around the community to bring a smile to someone's face.</p>	<p>Supplies: Paper Cards Envelopes</p> <p>Supplies: Rocks Paint</p>
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****Remember to “turn in” the work for the activities you do you can click and fill out the online form in your email or turn in your checklist to a teacher at church. You can upload pictures or videos of your fun, or just mark ‘done.’ We’d love to see what you do!**

If you turn it in at church we will give you the badge. If you do it online we will deliver your badge in the next couple weeks.