

JESUS – WEEK 10 – AUGUST 3–7

“JESUS IS OUR HERO!”

*Wow! I cannot believe we are here at the end of the summer! Stop and think a minute about all of the heroes we’ve learned about so far. Who was your favorite? Who do you think you’re most like? What would you like to do as a hero for God? It’s important to think about what we can do for God, but even MORE important to remember what God has done for us. That’s why we are learning this week that **Jesus is our hero!** Without Jesus, we would not be able to have a real relationship with God. We would not have forgiveness for our sins. We would not have hope of eternal life. **Jesus is our hero** because He is the reason that we live! We all make mistakes and do things we shouldn’t (this is called sin). Our sin separates us from God because God is so, so good! But when Jesus came to earth, died on the cross, and rose again....He forgave ALL OF OUR SINS! For me, for you, for anyone who believes in Him! And THAT is being a REAL super hero! Jesus saved us all, so let’s shout it out...**Jesus is our hero!!***

Memory Verse for the Summer - Hebrews 12:1 NIRV

- ★ **Pre-School:** Let us keep on running the race marked out for us.
- ★ **Elementary:** A huge cloud of witnesses is all around us. So let us throw off everything that stands in our way. Let us throw off any sin that holds on to us so tightly. And let us keep on running the race marked out for us.

		Activity	
Required - Complete all	Scripture	Older Kids - Read John 20 . (the whole chapter) Younger kids - Check it out on the Bible App for Kids too in “God’s Good News.”	
	Video	Watch Jesus Rises from the Dead and find out why Jesus is truly our hero. Then, check out this week’s song from our VBS YouTube playlist! If needed search YouTube for “Jesus Rises from the Dead by ---” and “VBS 2020- KOH Superhero Training Camp by Kids of Hope”	
	Response Activity	Jesus died for us so that we can live in Heaven with Him and have a relationship with God, our Father! Have you asked Jesus to forgive you of your sins and be in charge of your life? Ask a grown up to use this “Start Here” booklet to talk about this important decision with you. Link for booklet is https://drive.google.com/file/d/1gQyF_KxuU8Donb6tMf4AP03G3MHjCMHg/view?usp=sharing	
	Memory Verse Activity	Show off your verse! This is the last week! Show off by saying the verse, singing our memory verse song, or presenting the verse in some special way to your family! Record yourself doing this and share it!	Supplies: none

Optional - Complete at least Two Categories

(i.e. game and snack OR craft and service)

Game Options

1 - [Throw Away Your Sins](#)

Crumple up a bunch of paper balls and place them in even numbers on each side of the playing area. When the game begins, each team member tries to throw as many of their paper balls to the other team's side, while the other team is throwing them back. These paper balls represent our sin, we can never get rid of it all in our own power, but Jesus died to take away all of our sin!

2 - [Jesus burial cloths](#)

Just like you read in verses 6 and 7, Jesus had been wrapped in burial cloths. You get to either have someone wrap you, or you wrap them, in toilet paper! See how fast you can wrap their whole body!



Supplies:

At least 2 people
Pieces of paper to crumple up

Link-

<https://www.kidssundayschool.com/gradeschool/games/throw-away-your-sins>

Supplies:

2+ people
A couple of rolls of toilet paper

Link –

<https://adventuresinmommydom.org/bible-raising-of-lazarus-game/>

Craft Options

1 - [Jesus washes away sins](#)

This is a science experiment where you will watch colored water become clear! Fill one cup half-way with water and add red food coloring until the water becomes red. Then make another cup which has bleach in it. After explaining that the colored water is sin, pour some bleach in and watch it change to clear!



Supplies:

2 Clear cups or glasses
Water
Red food coloring
Bleach

<https://www.wetalkofchrist.com/2012/04/teaching-children-about-repentance.html>

2 - [Jesus Appears](#)

On a piece of paper, draw a picture of Jesus using a white crayon (go over the crayon a couple of times to make sure the lines are thick). Then paint the paper with watercolors. Watch Jesus appear just like in the Bible story he appeared to the disciples. For help with drawing the picture of Jesus, you can trace a clip art image online.



Supplies:

Paper
White crayon
Water color paints
Paint brush
[Clip art of Jesus](#) (Optional)

Links –

<https://www.pinterest.com/pin/191121577925737361/>

<https://webstockreview.net/image/jesus-clipart-face/2863716.html>

Snack Options

1 - [Empty Tomb](#)

Just as Jesus rose from the dead, here is a snack to remind you that the tomb is empty. Use a graham cracker for the base, attach a donut (with part of the bottom cut off to make it flat), colored shredded coconut, and an oreo using frosting or peanut butter.




Supplies:

Donut
Oreo
Graham cracker
Frosting or Peanut Butter
Shredded Coconut (colored with food coloring)

Link –

<https://www.catholicicing.com/meaningful-easter-activity-for-kids-empty-tomb-snack/>

		<p>2 - Resurrection Rolls</p> <p>For a special treat and surprise, bake these resurrection rolls! You'll put a marshmallow inside of a crescent roll "tomb" and bake it....then see what happens when you open the roll at the end!</p> 	<p>Supplies: Package of Crescent Rolls 8 Large marshmallows 5 Tablespoons Butter 2 Tablespoons Cinnamon/sugar Muffin Tin or baking sheet</p> <p>Link- https://premeditatedleftovers.com/recipes-cooking-tips/quick-and-easy-resurrection-rolls-recipe/</p>
	Service Project Options	<p>1 - Wash the Dirt Away</p> <p>Jesus washed our sins away when He rose from the grave, so now you get to wash the DIRT away to help someone out! You could wash dishes, the car, your sibling's laundry, a favorite toy, the possibilities are endless!</p> <p>2 - Share the Love</p> <p>Jesus came to the earth and died for us because He loves each of us SO MUCH. Take some time this week to make a card, write a letter, make a FaceTime call, or go tell someone how much you love them and why.</p>	<p>Supplies: Cleaning supplies</p> <p>Supplies: Optional - paper, art supplies</p>

****Remember to "turn in" the work for the activities you do you can click and fill out the online form in your email or turn in your checklist to a teacher at church. You can upload pictures or videos of your fun, or just mark 'done.' We'd love to see what you do!**

If you turn it in at church we will give you the badge. If you do it online we will deliver your badge in the next couple weeks.