

# NEHEMIAH – WEEK 7 – JULY 26–AUGUST 1

## “GOD’S HEROES HAVE HOPE!”

*This week we are learning about Nehemiah! Nehemiah lived in a land called Susa and was a special helper to the King. One day, he heard about his people in Jerusalem and the trouble they were in. All of the walls of Jerusalem were broken which meant that the city was not protected! Nehemiah prayed to God that he would be able to help his people. You’ll read in the book of Nehemiah how God answered his prayer, and how Nehemiah had hope, even when things were tough. He went through many trials and scary situations, but never stopped having hope that the walls would be rebuilt. So we’re learning this week that **God’s heroes have hope!** We can have hope because we know that our God will never leave us. We know that He will ALWAYS love us and that He wants to use us to bring His kingdom here to this Earth! Ready for the week?*

*Let’s hear you say it...**God’s heroes have hope!***

### Memory Verse for the Summer - Hebrews 12:1 NIRV

- ★ **Pre-School:** Let us keep on running the race marked out for us.
- ★ **Elementary:** A huge cloud of witnesses is all around us. So let us throw off everything that stands in our way. Let us throw off any sin that holds on to us so tightly. And let us keep on running the race marked out for us.

		Activity	
Required - Complete all	<b>Scripture</b>	Read <a href="#">Nehemiah Chapter 2</a> . (the whole chapter)  Younger kids - the story of Nehemiah is also found on the <a href="#">Bible App for Kids</a> - “The Walls Go Up” This app needs to be downloaded on your phone but has lots of great illustrated Bible stories!	
	<b>Video</b>	Watch <a href="#">Nehemiah Rebuilding the Wall</a> and then check out this week’s song from our <a href="#">VBS YouTube playlist!</a>  If the links don’t work search YouTube for “God’s Story: Nehemiah by Crossroads Kids” and “VBS 2020- KOH Superhero Training Camp by Kids of Hope”	
	<b>Response Activity</b>	Nehemiah had hope that he would be able to rebuild the walls of Jerusalem, even when we he kept encountering so many tough times, obstacles and set backs! Think about something in your life right now that feels hard or discouraging. Talk to God about that and ask Him, “How can I have hope in this?” Ask Him to give you the hope that comes from Him!	
	<b>Memory Verse Activity</b>	<b>Word Wipe Out</b> Write the whole memory verse on a dry erase board or chalk board. Say the whole verse together, then erase one word or phrase and say it again. Keep going until the whole thing is erased. (Alternate: write the verse on a piece of paper and cross out a word with sharpie each time so you can’t see it).	Supplies: Dry erase or chalkboard Eraser OR Paper and marker

Optional - Complete at least Two Categories

(i.e. game and snack OR craft and service)

### Game Options

#### 1 - Build a wall relay!

Using legos, blocks, or other building materials, race to build your wall as fast as you can! Put all of the building materials at one end of your race course, then take turns grabbing a block and running to the end to start building a wall. If you have teams - first team to build their wall wins! If you're playing on your own, time yourself and try to beat your own time!



Supplies:

Legos, blocks, boxes, buckets, or any other stackable materials



#### 2 - Cup stacking / wall building

Gather all of your cups and prepare to build the Jerusalem city walls using only cups! How high can you go without the walls collapsing??



Supplies:

Plastic cups or dixie cups, whatever you have at home but they should all be the same size

#### 3 - [Additional Nehemiah Activities](#)

Download this file to access a Nehemiah match game, word search, and word scramble!

Supplies:

Printer  
Paper  
Something to write with  
Link -

[https://drive.google.com/file/d/1iZGa60w-XdfeQkNsfH\\_ujWJa2HMMUKmu/view](https://drive.google.com/file/d/1iZGa60w-XdfeQkNsfH_ujWJa2HMMUKmu/view)

### Craft Options

#### 1 - [Nehemiah and the Wall](#)

Kids built a frame for the wall out of popsicle sticks, then tear the clay into stones to build it up like Nehemiah taught the Israelites to do!



Supplies:

Craft sticks  
Air dry clay  
Glue  
White or gray paint, if desired

Link for more info -

<https://sundayschoolzone.com/activity/nehemiah-and-the-wall-bible-craft/>

2 - [Fit-It-Together Sponge Wall](#)  
Cut sponges into different size rectangles to represent the different stone sizes Nehemiah and his teams may have used to build the wall. Try to build your whole wall with all the different sizes and no gaps!



Supplies:  
Sponges  
Scissors (to cut sponges)  
Paint  
Paper

Link for more info -  
<http://www.paper-and-glue.com/2016/11/process-art-square-rectangle-fit-it-together-sponge-painting.html>

### Snack Options

1 - [Wall Snack](#)  
Using frosting, graham crackers and marshmallows, build a wall! For older kids, use [this printable](#) to actually make the shape of the walls of Jerusalem.



2 - Rice Cereal Walls  
Make rice crispies treats and then assemble in the shape of a wall!



Supplies:  
2 Graham Crackers  
2 Tablespoons of frosting  
Handful of marshmallows

Links -  
<https://kidsministrythoughts.wordpress.com/2014/04/29/ezra-nehemiah/>

<https://ministryark.com/printable/jerusalem-in-the-days-of-nehemiah-activity-printable/>

Supplies:  
Marshmallows  
Rice cereal  
Butter  
[Easy to follow recipe here!](#)

Link -  
<https://howtomakericecrispytreats.com/how-to-make-rice-krispie-treats/>

	<p><b>Service Project Options</b></p>	<p>1 - <b>Neighborhood Clean-Up</b>  Nehemiah wanted to rebuild the walls of Jerusalem so his city would be strong. He was very proud of his land and wanted to take great care of it! With an adult's permission, take a walk and do a neighborhood clean-up, picking up any garbage or litter that you see to show that you are taking great care of your land like Nehemiah.</p> <p>2 - <a href="#">Spread Hope</a>  Nehemiah brought hope to the people in Jerusalem. Make some cards to send to kids in hospitals across the United States to spread the hope that you have! Please read the guidelines carefully for specific directions.</p>	<p>Supplies:  Gloves  Trash bags  Adult to accompany you</p> <p>Supplies:  Card making supplies: paper, markers, glitter, stickers, etc.</p> <p>Link for more ideas -  <a href="http://www.cardsforhospitalize.dkids.com/make-general-cards.html">http://www.cardsforhospitalize.dkids.com/make-general-cards.html</a></p>
--	---------------------------------------	---	--

**\*\*Remember to “turn in” the work for the activities you do you can click and fill out the online form in your email or turn in your checklist to a teacher at church. You can upload pictures or videos of your fun, or just mark ‘done.’ We’d love to see what you do!**

**If you turn it in at church we will give you the badge. If you do it online we will deliver your badge in the next couple weeks.**